



AIPNO

IN ASSOCIATION WITH

THE ART OF LIVING



YOGA | BREATH | MEDITATION

To Relieve Stress, Ease Anxiety And Calm Your Mind.



Saturday, Jun 19, 2021, 10:00-11:30 AM ET

Zoom Meeting ID : 846 2838 8164

Passcode: aipno

Take a much-needed break to recharge yourself
and get ready for the second half of 2021.

SPEAKERS

Dr. Priya Kalahasti, MD

Nephrologist UH hospitals, Integrative Medicine Specialist.

Mr. Manishi Bhatt

The Art of Living SKY Breath Meditation Teacher.