



*The Memorial of the Immaculate Heart of Mary
Novus Ordo - June 12, 2021*

Thank you for registering for the Day of Recollection to celebrate the Memorial of the Immaculate Heart of Mary. You may participate in the following schedule as much or as little as you desire. We are blessed to have you join us for all or part of the day.

This Day of Recollection is hosted by Kathleen Fox, Co-Founder and Director of Gratia Plena House of Discernment for Women, and presented by Carol Kleinert, Catholic Spiritual Mentor. We look forward to seeing you and praying with you soon!

8:00 am (for in-person attendees)

Morning Mass is available in the Old Stone Chapel at Holy Trinity (9130 Pflumm Rd). Parking is available in the school parking lot (West of the Chapel and East of the Gratia Plena House).

8:45 am ~ Continental Breakfast at Gratia Plena House ~ 9135 PARK STREET, LENEXA

9:45 am ZOOM Room Opens FOR ALL PARTICIPANTS

10:00 am

Announcements and Opening Prayer

Presentation: 'Mary - Beyond Reproach'

Silent Meditation: 'The Joys of Mary'

12:00 Noon ~ Lunch Break (included for in-person attendees)

1:00 pm ZOOM Room re-Opens FOR ALL PARTICIPANTS

Devotionals: Joyful Mysteries of the Rosary, Litany of the Blessed Virgin Mary, Memorare

Presentation: 'The Flowers of Mary'

2:30 pm

Small Group Sharing

Closing Prayer

Campus Amenities at Holy Trinity (for in-person attendees)

Eucharistic Adoration Chapel ~ Marian Meditation Garden

2:45 pm - 3:45 pm ~ Confessions available in the Main Church

4:00 pm Saturday Vigil Mass ~ Main Church

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Immaculate Heart of Mary

The Joys of Mary Silent Meditation

The Annunciation is the first joy of Mary. We are first introduced to Mary in her home as the Angel Gabriel visits her months after he visited Zechariah and told him that Elizabeth would have a child. Gabriel tells Mary she is to be the Mother of God. Can you imagine her thoughts? Yes, we know that Mary was afraid because the Angel Gabriel told her not to be, but simultaneously Mary must have been filled with faith in the Word of God and great joy. She knew the Scriptures and Isaiah's writings. She knew that the Messiah was to be born of a Virgin. Can you imagine the swell of joy that must have filled her soul knowing she was that chosen virgin? We read that Mary pondered all these things and reflected on them in her heart.... her Immaculate Heart. This act of pondering and reflecting is indeed contemplation. Mary is our instructor in the way of contemplation.

Now we recall the long 100 mile trip Mary needed to make in order to visit her cousin Elizabeth in Ein Kerem. Elizabeth was also with child, and Mary knew in her old age she could surely use assistance during her last three months of pregnancy. This was a singular act of charity and Mary gives us a great example of that virtue. We can take this long trip with Mary, sitting with her in the straw dome covered cart, possibly being drawn by an ox. When she arrives and sees that Elizabeth is indeed pregnant this must have been her second joy and how she must have been so amazed and happy for Elizabeth who longed for a child. Mary is our instructor in charity.

Picture yourself in a cave used for housing animals. Now watch as a pregnant Mary and her husband Joseph walk into the cave and begin to prepare for the birth of the Messiah. Perhaps around midnight the child appears. Mary's first glance at the child brings about her third joy and great love for this little baby who is her King. Joy fills Mary, Joseph and the shepherds. Soon great joy would surround three Wise Men who traveled ever so far. They knew the new star in the sky could only mean one thing....a King is to be born!! The Wise Men gaze on that King with wonder and honor and praise. Mary is our instructor on being in the presence of God.

As is the Jewish custom, each first born male is to be presented in the Temple for circumcision. The fulfillment of this ritual brings about Mary's fourth joy. Her Son being presented in the Temple fulfills all righteousness of the law as they ransom Him back offering two turtle doves. Let us picture a turtle dove in our minds. Turtle doves are a sign of love, fidelity and new life. Doves symbolically carry the energy of "promise." The dove's role is one of "spirit messenger," a maternal symbol and liaison, and a dove imparts an inner peace that helps us to go about our lives calmly and with purpose. Mary is our instructor in fulfilling all righteousness.

Perhaps we can identify with the anxiety and worry over the loss of a child if even for just a few moments when we look away and then look back and cannot see them instantly. How one's heart drops for that instant. We can picture in our minds how Mary and Joseph's faces must have been straining to find Jesus. We can certainly imagine the anxiety while playing out this terrible feeling in our minds. But when one finds the child, what a swell of joy overtakes knowing the child is well, found and back in their care. This was Mary's fifth joy when she makes contact with her lost Son after he was missing for three days. Mary is our instructor in hope.

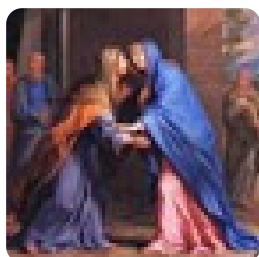


Immaculate Heart of Mary
Day of Recollection
Joyful Mysteries of the Rosary



The Annunciation

We meditate on the humility of the Blessed Virgin Mary when the Angel Gabriel greeted her with these words: "Hail, full of grace."



The Visitation

We meditate on the charity Mary displayed in visiting her cousin Elizabeth and remaining with her for three months before the birth of John the Baptist.



The Nativity

We meditate on the poverty, so lovingly accepted by Mary when she placed the infant Jesus, our God and Redeemer, in a manger in the stable of Bethlehem.



The Presentation

We meditate on Mary's obedience to the law of God in presenting the Child Jesus in the Temple to fulfill righteousness.



The Finding of the Child Jesus in the Temple

We meditate on the deep sorrow with which Mary sought The Child Jesus for three days, and the joy with which she found Him in the midst of the Teachers in the Temple.



Immaculate Heart of Mary
Day of Recollection
Litany of the Blessed Virgin Mary

Lord, have mercy on us.

R: Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

R: Christ, graciously hear us.

God, the Father of heaven,

R: have mercy on us.

God the Son, Redeemer of the world,

R: have mercy on us.

God the Holy Spirit,

R: have mercy on us.

Holy Trinity, one God,

R: have mercy on us.

Holy Mary, **pray for us.**

Holy Mother of God, **pray for us.**

Holy Virgin of virgins, **pray for us.**

Mother of Christ, **pray for us.**

Mother of the Church, **pray for us.**

Mother of divine grace, **pray for us.**

Mother most pure, **pray for us.**

Mother most chaste, **pray for us.**

Mother inviolate, **pray for us.**

Mother undefiled, **pray for us.**

Mother most amiable, **pray for us.**

Mother most admirable, **pray for us.**

Mother of good counsel, **pray for us.**

Mother of our Creator, **pray for us.**

Mother of our Saviour, **pray for us.**

Virgin most prudent, **pray for us.**

Virgin most venerable, **pray for us.**

Virgin most renowned, **pray for us.**

Virgin most powerful, **pray for us.**

Virgin most merciful, **pray for us.**

Virgin most faithful, **pray for us.**

Mirror of justice, **pray for us.**

Seat of wisdom, **pray for us.**

Cause of our joy, **pray for us.**

Spiritual vessel, **pray for us.**

Vessel of honor, **pray for us.**

Singular vessel of devotion, **pray for us.**

Mystical rose, **pray for us.**

Tower of David, **pray for us.**

Tower of ivory, **pray for us.**

House of gold, **pray for us.**

Ark of the covenant, **pray for us.**

Gate of heaven, **pray for us.**

Morning star, **pray for us.**

Health of the sick, **pray for us.**

Refuge of sinners, **pray for us.**

Comforter of the afflicted, **pray for us.**

Help of Christians, **pray for us.**

Queen of Angels, **pray for us.**

Queen of Patriarchs, **pray for us.**

Queen of Prophets, **pray for us.**

Queen of Apostles, **pray for us.**

Queen of Martyrs, **pray for us.**

Queen of Confessors, **pray for us.**

Queen of Virgins, **pray for us.**

Queen of all Saints, **pray for us.**

Queen conceived without original sin, **pray for us.**

Queen assumed into heaven, **pray for us.**

Queen of the most holy Rosary, **pray for us.**

Queen of families, **pray for us.**

Queen of peace, **pray for us.**

Lamb of God, You take away sins of the world,
spare us, O Lord.

Lamb of God, You take away the sins of the world,
graciously hear us, O Lord.

Lamb of God, You take away the sins of the world,
have mercy on us.

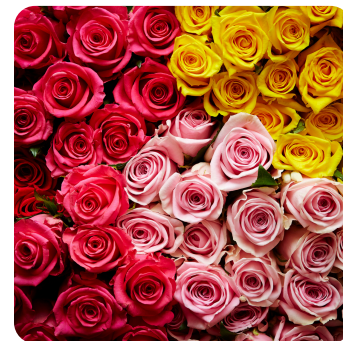
V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

O God, whose Only Begotten Son, by his life, death, and resurrection, has purchased for us the rewards of everlasting life, grant, we beseech you, that we who meditate on these mysteries of the most holy Rosary of the Blessed Virgin Mary, may imitate what they contain, and obtain what they promise. Through Christ our Lord.

R: Amen



Immaculate Heart of Mary Presentation The Flowers of Mary

MARY, QUEEN OF ROSES

ROSE: Known as the “queen of flowers”, the rose represents Mary as Queen of Heaven. The rose is one of the most beautiful flowers in all creation. The rose, in relation to the Blessed Mother, displays perfect love, form, fragrance, and color.



Although roses are beautiful, there is also a hidden suffering in their thorns. For Mary, the thorns on the rose remind us that Our Lord Jesus Christ wore a crown of thorns and gave up his blood for all humanity. As His Mother, Mary witnessed this suffering and death first hand at the foot of the cross. Mary is also known as the Mystical Rose – “our fallen nature’s solitary boast”, being the only human who was immaculately conceived without sin.

MARY, QUEEN OF IVY

IVY: The evergreen ivy represents Mary’s complete and total faithfulness as well as her eternity. She is our greatest example of complete and total faithfulness when it comes to trusting in God the Father. We see her complete faithfulness throughout her entire life, but especially at the Annunciation.



MARY, QUEEN OF LILIES

LILIES: The white lilies (Madonna lilies) and their beautiful fragrance represent Mary’s perfect purity, love, and humility to God’s divine economy. They are often seen during the Easter season when they represent the Resurrection of Christ.





Immaculate Heart of Mary Presentation The Flowers of Mary

MARY, QUEEN OF CARNATIONS



CARNATIONS: The pink or red carnations represent love and life for Mary. The red carnations are also associated with the crucifixion of Our Lord – “love unto death”, which Mary witnessed first-hand with St. John the Apostle by her side. The carnation is also associated with the Incarnation of Christ.

MARY, QUEEN OF BABY’S BREATH



BABY’S BREATH: Baby’s Breath is usually known as white, as white as the driven snow. However, there exists a blue Baby’s Breath that particularly identifies Mary. The blue Baby’s Breath represents Mary’s innocence and purity. It also can symbolize the breathing (“pnuema” in Greek) of the Holy Spirit. The Holy Spirit overshadowed Mary at the Annunciation and he became her divine spouse.

MARY, QUEEN OF MARIGOLDS



MARIGOLD: The marigold flower (calendula or “pot marigold”) is in honor of Mary’s simplicity through her home and family life. The flower also can represent the sorrows of Mary (Our Lady of Sorrows) for it is often used as a burial fragrance. The flower represents the ray of light that would surround Mary in her glory.

MARY, QUEEN OF VIOLETS



VIOLETS: The gracefulness, color, sweet smell, and leaves in the shape of hearts, represent the humility, fidelity, and innocence of the Blessed Virgin Mary. These three adjectives uniquely describe Mary’s role in Salvation History.



Immaculate Heart of Mary Presentation The Flowers of Mary



MARY, QUEEN OF GLADIOLUS

GLADIOLUS: The gladiolus derives from the Latin term that means, "sword". These leaves shaped in the form of swords represent the sorrows that would pierce the heart of Mary as she walked to Calvary with Jesus Christ.



MARY, QUEEN OF THE IRIS

IRIS: The profound blue color of the iris represents the fidelity of Mary. Its blade-shaped verdure symbolized the sorrows that would pierce the heart of Mary in Luke 2:35 – "and a sword will pierce through your own soul also..." This scripture passage is the genesis of the devotion to the Immaculate Heart of Mary. In France, the iris flower is the "fleur-de-lis".



MARY, QUEEN OF THE BLUE COLUMBINE

BLUE COLUMBINE: The columbine is a flower composed of petals in a band that appears to look like doves (columba – Latin for doves). In regards to the Blessed Virgin Mary, this flower represents her fidelity. Blue is the most common color associated with Mary.